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# Q&A: Palm Beach County eye doctor dispels some myths

October 06, 2010 | By Jason Parsely, Forum Publishing Group

Jason Gorscak has been practicing ophthalmology in Boynton Beach and Wellington at the Florida Eye Microsurgical Institute for two years. He loves his job and routinely helps those out who are underprivileged with discounts or free services.

Recently the FEMI started collecting recycled eyeglasses for the Lions Club, an organization that helps millions of men, women and children become fitted every year with recycled glasses. Call 561-792-1205 or visit www.fleyedocs.com for more information about the Florida Eye Microsurgical Institute.



## **FAST FACTS**

Age: 32 Occupation: Doctor of Ophthalmology City: downtown West Palm Beach Originally from: New Jersey

## 1. Why did choose to become an eye doctor?

There was a patient from Haiti who was legally blind in both eyes for years and years. I was a student at the time and the doctors had taken out her cataracts. When they took her patch off this little old lady who had a frown on her face just went from a frown to the biggest smile I've ever seen. She went so many years without seeing anything to finally being able to see again. Just seeing that response told me what I want to do. Helping patients see better again is enough for me to be happy.

#### 2. Any other memorable moments?

When I was a resident in the trenches in the ER a 4-year-old kid came in with his mother. She said that she was so worried because her son's eye is drifting. She had no insurance and had to come to the hospital because she said she was afraid she couldn't get help anywhere else. [Turns out] the child had a brain tumor. He was taken in to surgery and they did what they had to do to treat him. They were able to save his life. Sometimes in ophthalmology you can save someone's life rather than just their vision. So that experience was really fulfilling.

## 3. What are some myths that you encounter? Can computers really make you go blind?

No really that's a big rumor. You may get headaches from the straining though. Another thing I get asked is if you wear your eye glasses too much will your eyes get used to them and make your vision worse? That's also a rumor. If you need to wear glasses then wear them.

# 4. Hardest part of your job?

Those situations where I can't do anything to help the patient. It's tough to tell them that I can't help them. Vision is the sense people use the most. I've asked patients which sense is most important and they all say vision. So the patient you can't help is really tough.

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# Dr. Carolyn Messere

Colon and Rectal Surgeon Female colorectal surgeon in Miami

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